



Stacey Lynn (Hall) Eddie

February 1, 1970 - June 26, 2026

If you would like to honor her memory, absolutely do not send flowers or plants. Instead, please consider donating to the ALS Association at als.org/donate or mail to The ALS Association, 1919 University Ave W, Suite 175, St. Paul, MN, 55104.

After running hundreds of loops around Storm Lake, dozens of half marathons, and full marathons in Boston, Chicago, and—her favorite—along the Niobrara River in Nebraska last June, Stacey Lynn (Hall) Eddie, age 56, has crossed the finish line of her Final race. She died on Friday, June 26, 2026, at her home in Storm Lake, surrounded by her family. A post-race party/celebration of life in her honor will be held Sunday, July 12, 2026 from 4:00-8:00 p.m. at the ballroom of King's Pointe Resort in Storm Lake. The Fratzke & Jensen Funeral Home of Storm Lake is in charge of the arrangements.

There is a Stoic philosophy called amor fati—a Latin phrase that means “love of fate.” Stacey embraced this philosophy as her mantra, welcoming both the good and the hard, and learning from all that life presented her. A bold conversationalist with perfectly timed one-liners, an avid reader who generously recommended books from her vast collection, and a discoverer of new and old music that everyone simply had to hear, Stacey lived her too-short life in every season — in full color and at full volume.

In a twist of fate, Stacey's embrace of amor fati helped her boldly and bravely face her final season. After being diagnosed with ALS in February 2026, she finished her race surrounded by her family at age 56 on June 26, 2026. Stacey continued to love her fate in her final months, sharing that not everyone gets extra innings filled with singing country songs at a music festival on a Florida beach, traveling to watch your boys play collegiate baseball, and receiving genuine hugs and loving words from your people.

Born in Omaha, Nebraska, Stacey moved with her family to Storm Lake, Iowa, in January 1975, just in time for an epic snowstorm. Her childhood season began with gang life—the Irving Street Gang—a band of neighborhood troublemakers who roamed the streets of Storm Lake on their bikes, jumped off docks to swim, and hung out at Sarg's Ice Cream.

In high school, Stacey traded her bike for a red manual transmission Volkswagen Bug with a beer tap handle for a shifter. Despite dreading elementary school track meets that ended with a collection of pink participation ribbons, high school was the season when she learned to love competition. She excelled as a Tornadoette cross country and track athlete. Stacey and her friends scooped the loop and attended KC Hall dances, where she once kissed her crush, a boy from Albert City-Truesdale, who never called her back. Her college season brought Nebraska Husker football Saturdays, just enough class attendance to earn a bachelor's degree with a major in English, a minor in business, and, in her words, "a magna cum laude in fun." After college, Stacey settled in Omaha.

On a whim one lovely spring day in April, she fired up her dial-up modem, accessed her AOL account, composed an email to that high school crush, Steve Eddie, and hit send. Within weeks, they had their first date and second kiss. They were engaged in July and married by December. Stacey moved

back to her hometown and eventually began her career as a State Farm agent. She spoke often of her phenomenal team at work and the way they excelled at solving problems for their customers.

Marriage and family marked Stacey's next season with the births of their sons, Mark and Jake. Their lives were always intertwined with the family's passion: baseball. Stacey became the master of the schedule, making sure Mark, Jake, and Steve all made it to classes, practices, and games while she juggled her full-time career and built her insurance agency.

She was an ever-present baseball mom, more observant of the intangibles—teamwork, attitude, and effort—than ERAs and exit velocity. Her personal highlight reel featured the times when all three of her boys were on the field together, and hard-fought tournament games in the Cornbelt, Lakes, and American Rivers Conferences ended in championship dog piles on the pitcher's mound. Thousands of discarded HotHands warmers and a collection of random sweatshirts purchased around the Midwest because she had not packed enough layers are the markers of her baseball mom season.

In between baseball games, Stacey rediscovered her love of running and racing. Long runs were often squeezed into the early morning hours or between weekend games, giving her solitude outdoors and refilling her cup. Races brought incredible opportunities to travel with friends and family all over the country. She loved the race and the post-race festivities equally.

Left to treasure the memories made with Stacey are her boys—husband Steve Eddie and sons, Mark and Jake; her mother, Pat Cowan; and her brother and sister-in-law, Todd and Sirpa Hall. She is also survived by her father-in-law, Russ Eddie, as well as in-laws Julie and Terry Meyer, Tom and Stephanie Eddie, and Rob and Terri Eddie. Aunt Stacey will be forever missed

by Spencer and Miguel Hall, Justin Meyer, Lindsey and Matt Calderon, Kelsey Meyer and Adam Emmenecker, Derek and Anna Eddie, Neil and Laurel Eddie, Kelli Eddie, Jenna Eddie, and Madison Porter, as well as Mia, Cora, Emma, Oliver, Dax, Wesley, Carter, and Cooper. Friends from every season of her life will savor every text, poem, song or video she sent them, forever wishing for one more.

Preceding her in death were her father, Bob Hall, and her mother-in-law, Gladys Eddie.

Stacey's family invites you to attend her Celebration of Life/Post-Race Party on Sunday, July 12, 2026, from 4:00 – 8:00 p.m. at King's Pointe Resort in Storm Lake. There will be no standing in lines of sorrow, but there will be a DJ and an amazing playlist. If you would like to honor her memory, absolutely do not send flowers or plants. Instead, please consider donating to the ALS Association at als.org/donate or mail to The ALS Association, 1919 University Ave W, Suite 175, St. Paul, MN, 55104.

Stacey's family would like to thank their friends and community members for their unwavering support, with special appreciation for the St. Croix Hospice team who provided comfort and peace in these last few months.

Her final words of wisdom: Don't put too much weight on the last out. There was an entire game played, and every inning—every season—matters. Amor fati.

Upcoming Events

Celebration of Life

JUL 12. 4:00 PM - 8:00 PM (CT)

King's Pointe Resort
1520 E. Lakeshore Dri.
Storm Lake, IA 50588

Tribute Wall

DJ

“ *Deb and Kevin Jesse lit a candle in memory of Stacey (Hall) Eddie*



Deb and Kevin Jesse - 31 minutes ago



“ *Lynn Snyder sent a virtual gift in memory of Stacey (Hall) Eddie*



Lynn Snyder - 1 hour ago

JS

“ *What a beautiful person and enjoyed watching her grow through her life and enjoyed talking to her at State Farm when we went in. An angel God will treasure forever as He has during her time on earth. Prayers of comfort and Peace during the days ahead. We will all miss her.*

Janet and Ken Strouse - 1 hour ago

VH

“ *VaDonna Hall sent a virtual gift in memory of Stacey (Hall) Eddie*



VaDonna Hall - 1 hour ago

RN

“ Steve and family. We send our deepest sympathies to you at this time of loss. Hugs and prayers of comfort

Ron “Nick” and Cathy Nichols.

ron nichols - 1 hour ago



“ To the family of Stacey may the memory of her live forever you are in my thoughts and prayers



Nancy Lane - 1 hour ago

MJ

“ Mike and Shelly Jensen lit a candle in memory of Stacey (Hall) Eddie



Mike and Shelly Jensen - 2 hours ago

KS

“ 3 files added to the album School Days



Kelly Salzmann - 2 hours ago

DM

“ *Dave, Deb, Logan & Jenna Merten lit a candle in memory of Stacey (Hall) Eddie*



Dave, Deb, Logan & Jenna Merten - 2 hours ago