



Shannon Lynch

December 16, 1929 - August 18, 2024

Shannon Lynch, 94, of Waukee, Iowa, formerly of Varina, Iowa, passed away peacefully on Sunday, August 18, 2024, surrounded by the love of her family.

A Funeral Mass will be held on Thursday, August 22, 2024, at 11:00 a.m. at St. Columbkille Catholic Church in Varina, Iowa. Interment will follow at St. Columbkille Catholic Cemetery. The day will begin with a family-led rosary at 9:30 a.m. at the church, followed by visitation starting at approximately 10:00 a.m. After the burial, all are invited to join the family for a luncheon in the church hall.

In lieu of flowers, the family requests that memorials be made to the Carmelite Nuns of Sioux City, Iowa, or St. Boniface Catholic Church in Waukee, Iowa. The Fratzke & Jensen Funeral Home in Storm Lake is handling arrangements. Sympathies may be mailed to Lynch Family, 8942 Linden St, West Des Moines, IA 50266.

Born on December 16, 1929, in Varina, Iowa, to August "Gus" and Leona (Fitzgerald) Kapsch, Shannon was a woman whose life was defined by her deep faith, boundless love, and joyful spirit. Baptized and confirmed at St. Columbkille Catholic Church, Shannon remained a devoted member until the church's closure. Her Catholic faith was the cornerstone of her being. Her days were filled with prayer, often spent with rosary in hand, seeking comfort

and guidance from Jesus and the Blessed Mother for every challenge and joy that came her way.

Shannon attended St. Columbkille Catholic High School, graduating in 1948. Even in her youth, her nurturing spirit shone brightly as she lovingly cared for her siblings, often baking them her delicious chocolate cakes and ensuring they made it to school each day.

On April 10, 1951, Shannon married the love of her life, Francis Lynch, at St. Columbkille Catholic Church. Their union was blessed with four children: Marcia, Cindy, Becky, and Terry. Together, Shannon and Francis created a home filled with love, kindness, and faith.

Shannon's strong work ethic was matched only by her generosity and talent in the kitchen. She spent many years working at Walsh Lockers, Sundholm's Factory, and the Varina Elevator before serving as a postal worker for the United States Postal Service. Shannon's grandchildren fondly remember accompanying her on her mail routes, marveling at her strength as she effortlessly handled heavy mailbags.

However, it was Shannon's baking that truly made her a legend among family and friends. Her cinnamon rolls, pies, scotcheroos, and noodles were cherished by all who were fortunate enough to taste them. These treats were not just food but expressions of the love she poured into everything she did.

Shannon was also deeply involved in her community. She was a dedicated member of the Varina Library Board, the Varina Legion Auxiliary, the Catholic Daughters of America, and Holy Family. In her free time, Shannon loved playing cards with friends and family, often engaging in friendly but competitive games that brought her great joy.

Shannon had a zest for life that extended beyond her kitchen. She and Francis were avid dancers, with Shannon leading the way and teaching Francis how to keep up with her on the dance floor. Their love for dancing reflected the joy and harmony they shared throughout their marriage.

Shannon's love for her family was boundless. She cherished every moment spent with them, whether during family gatherings or simple, everyday moments. To be loved by Shannon was to know a love that was unconditional, unwavering, and rooted in her deep faith.

Though Shannon will be deeply missed, those who knew and loved her take comfort in knowing she is now in the presence of the Lord, joyfully reunited with her beloved Francis, her favorite dance partner.

Shannon is survived by her children: Marcia Lynch; Cindy (Jerry) Christenson; Becky Lynch; Terry (Laurie) Lynch; her grandchildren: John (Christy) Christenson; Lisa (David) Spaeth; Laura (fiancé Adam Wicks) Kunkel; Kayla (Drew) Engebrecht; and her great-grandchildren: Braelee Kunkel; Nolan and Jordyn Spaeth; Isaac and Lucas Christenson. She is also survived by her siblings: Patrick (Doris) Kapsch; Linda Groff; sister-in-law Betty Segó; brother-in-law Marlyn Null; as well as numerous nieces, nephews, extended family members, and friends.

Shannon was preceded in death by her beloved husband, Francis Lynch; parents, Gus and Leona Kapsch; siblings: Bob (Peg) Kapsch; Maureen (Tom) Lilly; Charles (Dorothy) Kapsch; infant brother Michael Kapsch; and her siblings-in-law: Patrick Groff; Margaret (Vern) Olberding; Ed (Ike) Lynch; Carmie Null; and Hank Segó.

Shannon Lynch lived a life full of faith, love, and joy. Her legacy of devotion to

God and her family will live on in the hearts of all who were blessed to know her.

Cemetery Details

St. Columbkille Catholic Cemetery- Varina

13505 580th St.
Fonda, IA 50540

Previous Events

Visitation

AUG 22. 10:00 AM - 11:00 AM (CT)

St. Columbkille Catholic Church
First Street
Varina, IA 50593
<http://home.catholicweb.com/stcolumbkille/>

Funeral Mass

AUG 22. 11:00 AM (CT)

St. Columbkille Catholic Church
First Street
Varina, IA 50593
<http://home.catholicweb.com/stcolumbkille/>

Tribute Wall



“ *Fratzke & Jensen Funeral Home created a Tribute Video in memory of Shannon Lynch*



Fratzke & Jensen Funeral Home - August 21, 2024 at 04:26 PM

RW

What a gift Shannon was and is! She shared her faith and love so well. God bless Shannon and her Family and friends. Blessed be God forever...

Rich Peters, of St. Boniface in Waukee. - August 22, 2024 at 06:41 AM

NH

What a beautiful tribute to your mom, Terry! She certainly was a special woman to all who knew her. Our love and thoughts are with you today as you and your family mourn your loss but also celebrate Shannon's gentle touch on this world. She will be missed.

*Love,
Nancy and Kelly*

Nancy Hoagland - August 22, 2024 at 01:28 PM

MC

“ To the family of Shannon, and especially to Becky and your sister whom I chatted with during visits with our mothers at Ind.Village, we send our heartfelt condolences. But also we honor the long and full life your mother enjoyed. What a blessing it sounds that she was to all of you. We will miss seeing you ladies when we go to Ind. Village, but know that your mom is in “good hands” now. It was always a treat to chat with you.

Sincerely,
Betty Hughes, Mary & Bill Cherrier

Mary Cherrier - August 25, 2024 at 01:17 PM

BB

“ Our heartfelt condolences & prayers to the Lynch family. We will hold all our wonderful memories dear to our hearts. May God give you all strength during this difficult time. Rest In Peace Aunt Shannie. 🙏

Blake & Marla Brady - August 22, 2024 at 12:56 PM

BB

“ Blake & Marla Brady lit a candle in memory of Shannon Lynch



Blake & Marla Brady - August 22, 2024 at 12:52 PM

SO

“ Aunt Shannon was a terrific aunt. I could stop by anytime to talk, share a story, get her opinion, etc. I loved her laugh and always felt she was REAL.

Sharon R. Olberding - August 21, 2024 at 07:01 PM

JH

“ 2 files added to the tribute wall



Jensen Funeral Homes - August 21, 2024 at 02:51 PM

TF

“ The Kuyoro Family purchased the Florist Choice Bouquet for the family of Shannon Lynch.



The Kuyoro Family - August 21, 2024 at 09:18 AM

CJ

“ Cindy and Jim purchased the Arrive in Style for the family of Shannon Lynch.



Cindy and Jim - August 20, 2024 at 06:17 PM

JL

“ Jeff L. purchased the "God Has You" 21" Sonnet Chime for the family of Shannon Lynch.



Jeff L. - August 20, 2024 at 04:46 PM

JL

“ Jeff L. purchased the Full Of Love Bouquet for the family of Shannon Lynch.



Jeff L. - August 20, 2024 at 04:43 PM



“ Emerald Garden Basket was purchased for the family of Shannon Lynch.



August 20, 2024 at 04:05 PM

AS

“ Thinking of all of you! She was such a wonderful mother, grandma and great grandma. I can still remember how delicious her cinnamon rolls were. They were always made with 100% love. Sending thoughts and prayers to all of you during this time. Love Angela Sumner (Price)

Angela Sumner - August 20, 2024 at 04:00 PM

NW

“ My sincerest condolences to all. I fondly remember Shannon growing up. My Mom drove 1 of the rural postal routes to Jolley and Knoke and Dad worked for the post office so Fran and Shannon were a part of our lives. She was always very friendly and bubbly. So sorry for your loss.

Nancy (Moulton) Wagner

Nancy (Moulton) Wagner - August 20, 2024 at 03:31 PM

RS

“ Our thoughts and prayers to Shannon’s family with special thoughts to Terry and Laurie. Shannon was a gem. Loved how she would greet you with “kiddo” and a big smile. So fondly remember when we invited Bob and her to demonstrate their dance steps at the FCS gym. They were fantastic and for so many years later the kids recalled their talent. She was and remains simply a beautiful person who gifted us all with her positive attitude and interest in you as a person. God’s Peace to the Lynch family.

Randy/Marilyn Schmitt - August 20, 2024 at 11:50 AM

JD

“ John/Connie Demers lit a candle in memory of Shannon Lynch



John/Connie Demers - August 20, 2024 at 10:23 AM

CD

I would fill in for cards when my Mom was alive with the card club. Such a sweet lady. My sympathy and prayers to each of you.

Connie Demers - August 20, 2024 at 11:16 AM

MF

“ So sorry for your loss, our sincere condolences 🙏🙏
Craig and Mary Farrell



Mary Farrell - August 20, 2024 at 10:20 AM

PC

“ Oh, my..... I so enjoyed Shany when she came into the dental office. She always was smiling and would make me laugh. God Bless and welcome her ✨

Pegi Cavanaugh - August 19, 2024 at 01:17 PM