



Sarah Dvergsten

May 17, 1975 - October 29, 2022

Sarah L. Dvergsten, age 47, of Storm Lake, Iowa passed away Saturday, October 29, 2022 at her home in Storm Lake after a long battle with cancer.

Memorial services will take place Thursday, November 3, 2022 at 10:30 a.m. at the United Methodist Church in Storm Lake. A private family burial will be in the Storm Lake Cemetery. Visitation will take place Wednesday, November 2, 2022 from 4-7:00 p.m. at the Fratzke & Jensen Funeral Home in STORM LAKE. In lieu of flowers, memorials may be given in her name. The Fratzke & Jensen Funeral Home in Storm Lake is in charge of the arrangements.

Sarah Lenee' Dvergsten was born May 17, 1975 to Daniel and Cristy (Rubel) Hegarty in Sioux City, Iowa. She was baptized as an infant at the First United Methodist Church of Ida Grove. In 1989, Sarah was confirmed in her faith at the Storm Lake United Methodist Church, where she remained a lifelong member. Growing up, Sarah attended school at Hawthorne Elementary in Sioux City then Charter Oak-Ute Elementary School. In 1993, she graduated from Storm Lake High School. Sarah attended college at the University of Northern Iowa, graduating cum laude in 1997 with a bachelor's degree in mathematics.

Sarah was united in marriage to Benjamin B. Dvergsten on June 6, 1998 in Storm Lake, Iowa. The couple was blessed with three children: Tyler, Samuel,

and Charles. Sarah's favorite job was being a mom. She said it was all she ever really wanted to do and was the most important job of all. She treasured the time spent with each of her children and always looked forward to cheering them on at all their sporting events.

Throughout Sarah's life, she worked various jobs. She worked at Principal Financial in Des Moines, then later at BVRMC Fitness and Health Center as a fitness instructor and personal trainer. She also worked part time for Rosene, Pickhinke, and Peters helping with tax returns. She served her community on the Storm Lake Community School District Foundation Board, Friends of the Library Board, Storm Lake Athletic Boosters, P.E.O. Member, and was a member of the Storm Lake United Methodist Church bell choir.

Left to cherish Sarah's memory are her husband, Ben Dvergsten of Storm Lake, Iowa; children: Tyler, Samuel, and Charles Dvergsten; parents: Dan and Cris Hegarty of Storm Lake, Iowa; brother: Greg (Katie) Hegarty of Fort Collins, Colorado; sisters: Mia (Joe) Hegarty-Roach of Algona, Iowa; Emily Lampe of Algona, Iowa; parents-in-law: David and Barbara Dvergsten of Storm Lake, Iowa; sister-in-law: Margo (Nathaniel) Kitzrow of Storm Lake, Iowa; brother-in-law: Chris (Jessica) Dvergsten of Clemson, South Carolina; extended family and many friends.

Sarah is preceded in death by her maternal grandparents: Donald and Patricia Rubel; and her paternal grandparents: George and Lorene Hegarty.

Cemetery Details

Storm Lake Cemetery

Storm Lake, IA 50588

Previous Events

Visitation

NOV 2. 4:00 PM - 7:00 PM (CT)

Fratzke & Jensen Funeral Home - Storm Lake
1615 W Milwaukee Ave,
Storm Lake, IA 50588
(712) 732-1911
jensenfuneralhomes@gmail.com
<https://www.fratzkejensen.com>

Memorial Service

NOV 3. 10:30 AM (CT)

United Methodist Church -- Storm Lake
211 East 3rd Street
Storm Lake, IA 50588

Tribute Wall



“ *Fratzke & Jensen Funeral Home created a Tribute Video in memory of Sarah Dvergsten*



Fratzke & Jensen Funeral Home - November 02, 2022 at 12:43 PM

GW

Sarah was such a loving and caring person. I will miss her!

Gay Wicks - November 03, 2022 at 01:32 AM

NJ

Our deepest sympathy, love hugs and prayers to all of Sarah's loved ones. I remember her well from when they lived here in Charter Oak. And she has been in my prayers through her battle with cancer. I am so very sorry for your loss of such a beautiful person. May God Bless you all and keep you in his care.

Jim & Nancy Jurgens

Nancy Jurgens - November 04, 2022 at 01:30 PM

RW

Mia I am so sorry for your loss.

Rebecca Watson-Miller - November 10, 2022 at 09:59 PM

SS

“ *My sincerest condolences to the Dvergsten and Hegarty families. I first knew Sarah at the fitness center and then when the family moved out to Emerald Park. Will miss her beautiful smile. God's peace and comfort to Sarah and all of her family. Sue Speers*

SUE SPEERS - November 03, 2022 at 08:45 PM



“ *Serene Retreat was purchased for the family of Sarah Dvergsten.*



November 03, 2022 at 03:57 PM



“ *A CANDLE HAS BEEN LIT IN MEMORY OF SARAH. MAY SHE NOW RIP. TO BEN & HIS SONS OUR SYMPATHY & PRAYERS.*



*MAY YOU FIND PEACE NOW,
LARY & PATTY GUNVILLE*

PATTY GUNVILLE - November 03, 2022 at 02:29 PM



“ *Don Crouch lit a candle in memory of Sarah Dvergsten*



Don Crouch - November 02, 2022 at 10:49 PM



“ *My sympathy to sarah's family.I was a classmate at charter oak.*

Aaron Neddermeyer - November 02, 2022 at 07:52 PM

FH

“ 2 files added to the tribute wall



Fratzke & Jensen Funeral Home - November 02, 2022 at 03:37 PM



“ Sally Rassler lit a candle in memory of Sarah Dvergsten



Sally Rassler - November 02, 2022 at 01:50 PM

MP

“ Sarah was the brightest spirit in the room and she made you feel like you were the most special person. She will be greatly missed. Our prayers are with Sarah, Ben, the boys and family, for Grace and Peace!



Mary Beth Andrews and Mick Polich - November 02, 2022 at 01:32 PM

TH

“ Condolences from Nancy and Tony Hakes family.

Tony Hakes - November 02, 2022 at 10:56 AM



“ *Lily and Rose Tribute Spray was purchased for the family of Sarah Dvergsten.* ”



November 02, 2022 at 09:16 AM



“ *Florist Choice Bouquet was purchased for the family of Sarah Dvergsten.* ”



November 01, 2022 at 11:09 PM



“ *Our thoughts and prayers are with you all.* ”
Bill and Leigh Laven



Leigh Laven - November 01, 2022 at 09:37 PM



“ *Sheila Mills lit a candle in memory of Sarah Dvergsten* ”



Sheila Mills - November 01, 2022 at 08:40 PM

JH

“ *My condolences to all who grieve the loss of Sarah. I wish I could be there to celebrate her and all that she was, but am unable to. Positive energy and love sent to you all.*



Jess Hudspeth - November 01, 2022 at 07:53 PM



“ *Arrive in Style was purchased for the family of Sarah Dvergsten.*



November 01, 2022 at 05:43 PM

JL

“ *Jennifer Emily Lauderville lit a candle in memory of Sarah Dvergsten*



Jennifer & Emily Lauderville - November 01, 2022 at 04:04 PM

RH

“ *Randy & Pat Hegarty purchased the Sweet Tranquility Basket for the family of Sarah Dvergsten.*



Randy & Pat Hegarty - November 01, 2022 at 03:42 PM

TJ

“ Thoughts and prayers for Sarah and her family.
I grew up living next to her grandparents in Sioux City. She was a wonderful person.
So sorry for your loss.

Tess (O'Hare) Jensen - November 01, 2022 at 01:44 PM



“ Florist Choice Bouquet was purchased for the family of Sarah Dvergsten.



November 01, 2022 at 12:34 PM



“ Arrive in Style was purchased for the family of Sarah Dvergsten.



November 01, 2022 at 12:05 PM

LB

“ Lori & Howard Buckley purchased the Divine Peace Bouquet for the family of Sarah Dvergsten.



Lori & Howard Buckley - November 01, 2022 at 11:52 AM

AK

“ Adam Angie Kutz lit a candle in memory of Sarah Dvergsten



Adam and Angie Kutz - November 01, 2022 at 11:37 AM

MG

“ Love and prayers to Sarah's family. Sarah was truly a light in this world.



Mandy Galbraith - November 01, 2022 at 10:07 AM



“ Be My Love Bouquet with Red Roses was purchased for the family of Sarah Dvergsten.



November 01, 2022 at 09:33 AM

KG

“ I am so sorry to hear of Sarah's passing after her long battle....many thoughts & prayers for the whole family, I never saw Sarah without a smile and I hope that memory shines through always.

Katie Gunkelman - November 01, 2022 at 09:31 AM

DM

“ *Dave, Logan and Jenna Merten lit a candle in memory of Sarah Dvergsten*



Dave, Deb, Logan and Jenna Merten - November 01, 2022 at 08:26 AM

BS

“ *Ben and family,
Please accept our sincere condolences. We pray your memories will help carry you through this difficult time and provide you comfort in the years to come.*

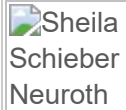
Brad and Maureen Strader - November 01, 2022 at 07:08 AM

KM

“ *Kevin Julie McKinney lit a candle in memory of Sarah Dvergsten*



Kevin & Julie McKinney - October 31, 2022 at 09:23 PM



“ *Our deepest sympathy to Sarah’s family. Steve and I first met Sarah when she was a bubbly junior high student. Her twinkling blue eyes and million dollar smile lit up a room. She was involved in many high school activities and excelled in academics, sports, music and the arts. Of all the good things in her life, nothing brought her more joy than her family. She taught many life-lessons and shared many happy memories with Ben and her boys that will live on through them. Take comfort in the knowledge that she is eternally happy and free of pain in heaven. We are sending our heartfelt condolences to Sarah’s parents and siblings as well.*

Steve and Sheila Neuroth

Sheila Schieber Neuroth - October 31, 2022 at 09:08 PM



“ *Pat Bjorkgren lit a candle in memory of Sarah Dvergsten*



Pat Bjorkgren - October 31, 2022 at 06:30 PM



“ *John Karen Keenan and family lit a candle in memory of Sarah Dvergsten*



John and Karen Keenan and family - October 31, 2022 at 06:07 PM

LL

“ *Lynn Tami Laursen lit a candle in memory of Sarah Dvergsten*



Lynn & Tami Laursen - October 31, 2022 at 04:27 PM



“ *Florist Choice Bouquet was purchased for the family of Sarah Dvergsten.*



October 31, 2022 at 03:28 PM

DF

“ *& Anna Schwint & Family lit a candle in memory of Sarah Dvergsten*



David & Anna Schwint & Family - October 31, 2022 at 02:19 PM

FM

“ *Susan and I are saddened to learn of Sarah's tragic passing. She fought a valiant fight and was an inspiration to all who knew her. Sarah's family will be in our prayers.*

Frederick V Moore - October 31, 2022 at 01:51 PM



“ *Enchanted Cottage was purchased for the family of Sarah Dvergsten.*



October 31, 2022 at 01:32 PM



“ *Rehab Team BVRMC purchased the Decadent Delights Chocolate Gift Basket for the family of Sarah Dvergsten.*



Rehab Team BVRMC - October 31, 2022 at 01:29 PM



“ *Rose Remembrance was purchased for the family of Sarah Dvergsten.*



October 31, 2022 at 12:58 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Sarah Dvergsten.*



October 31, 2022 at 12:31 PM

AK

“ Adam Angie Kutz lit a candle in memory of Sarah Dvergsten



Adam Angie Kutz - October 31, 2022 at 12:17 PM

TL

“ So sorry to hear of Sarah's passing. Condolences to the entire family.



Tony Lickiss - October 31, 2022 at 11:02 AM

NH

“ Nick and Amber Hegarty purchased the Beautiful Dreams for the family of Sarah Dvergsten.



Nick and Amber Hegarty - October 31, 2022 at 10:47 AM

KE

“ So sorry to hear of Sarah's passing. Our thoughts and prayers are with the entire Family. Kevin & Julie Eekhoff



Kevin & Julie Eekhoff - October 31, 2022 at 09:59 AM

TF

“ *The Haas Family purchased the Ringed by Love for the family of Sarah Dvergsten.*



The Haas Family - October 31, 2022 at 09:20 AM



“ *Divine Peace Bouquet was purchased for the family of Sarah Dvergsten.*



October 31, 2022 at 09:14 AM

CD

“ *Cheryl DeMan lit a candle in memory of Sarah Dvergsten*



Cheryl DeMan - October 31, 2022 at 08:16 AM

PF

“ *Peg Flynn lit a candle in memory of Sarah Dvergsten*



Peg Flynn - October 31, 2022 at 08:11 AM

WT

“ *Sympathy to Sarah's family. May she rest in peace.* ”



Wilbur and Karen Triplett - October 31, 2022 at 07:30 AM

LL

“ *Lucia Lincoln lit a candle in memory of Sarah Dvergsten* ”



Lucia Lincoln - October 31, 2022 at 06:55 AM



“ *Emerald Garden Basket was purchased for the family of Sarah Dvergsten.* ”



October 30, 2022 at 10:42 PM

KP

“ *Karla Pickhinke lit a candle in memory of Sarah Dvergsten* ”



Karla Pickhinke - October 30, 2022 at 09:06 PM

CL

“ *The world has lost a shining light in this amazing woman who inspired everyone who knew her. Sarah was loved by so many, including me. I am sending my deepest condolences to her family and holding them close to my heart. She will never be forgotten.*

Charla Lorenzen - October 30, 2022 at 08:23 PM