



Helen Stieneke

January 4, 1928 - June 21, 2021

Helen Stieneke, age 93, formerly of Alta, Iowa died June 21, 2021, at the Journey Hospice House in Lincoln, Nebraska.

Funeral Services will be Friday, June 25, 2021 at 10:30 a.m. at St. Paul Lutheran Church in Alta, Iowa. Burial will be at St. John's Lutheran Cemetery in Hanover, Iowa. Visitation will be Thursday, June 24, 2021 from 4-7:00 p.m. at Fratzke & Jensen Funeral Home in ALTA. The Fratzke & Jensen Funeral Home in Alta is in charge of arrangements.

Helen Stieneke, age 93, formerly of Alta, Iowa died June 21, 2021, at the Journey House Hospice in Lincoln, Nebraska.

Helen Lydia Grieme was born on January 4, 1928 on a farm near Schaller, IA, the daughter of Carl and Ella (Lichtenberg) Grieme. She attended Hanover Parochial School until 8th Grade and then graduated from Alta High School in 1946. After graduating high school, she was employed by Western Union in Chicago, IL and Omaha, NE.

On April 24, 1949 Helen was united in marriage to Donald Stieneke at St. Paul Lutheran Church in Alta.

They were blessed with four children: Daniel, Patricia, Charles, and Kristi. Don

and Helen farmed thirty years on the Grieme and Stieneke family farms north of Alta. They were members at Grace Lutheran Church, Storm Lake, and St. Paul Lutheran Church, Alta.

Helen was a great cook and fantastic baker, always enjoyed trying new recipes, and was a passionate quilter. Helen and Don traveled the country in their camper but were happiest spending time with their beloved family members.

Those left to cherish her memory are her children: Dan (Val) Stieneke of Garner, NC, Pat Cabeen of Lincoln, NE, and Kristi (Curt) Miller of Geneva, IL. Grandchildren: Andrew (Cari) Stieneke, Justin (Megan) Cabeen, Brandon (Haley) Cabeen, Thomas Stieneke, Kelsi Miller, and Elle Miller. Two great grandchildren. One sister, Lora Norlin. One sister-in-law, Freda Tolzin, and many nieces and nephews. Helen was preceded in death by her husband Don and her son Charles.

Previous Events

Visitation

JUN **24.** 4:00 PM - 7:00 PM (CT)

Fratzke & Jensen Funeral Home - Alta

301 Alta Vista Street

Alta, IA 51002

(712) 284-2141

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<https://www.fratzkejensen.com>

Tribute Wall



“ *Fratzke & Jensen Funeral Home created a Tribute Video in memory of Helen Stieneke*



Fratzke & Jensen Funeral Home - June 24, 2021 at 04:08 PM



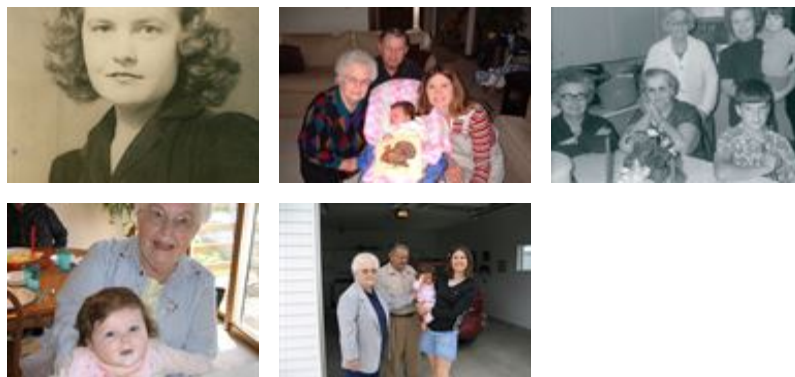
“ *2 files added to the tribute wall*



Fratzke & Jensen Funeral Homes - June 24, 2021 at 04:46 PM



“ *145 files added to the album LifeTributes*



Fratzke & Jensen Funeral Home - June 24, 2021 at 04:03 PM

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“ *From Neill, Lori and Charlie Johnson purchased the Love's Embrace Roses – White for the family of Helen Stieneke.*



From Neill, Lori and Charlie Johnson - June 24, 2021 at 12:49 PM



“ *Healing Tears - All Pink was purchased for the family of Helen Stieneke.*



June 22, 2021 at 04:58 PM



“ *Roses For Sympathy was purchased for the family of Helen Stieneke.*



June 22, 2021 at 03:15 PM