



Betty Fast

July 30, 1948 - June 17, 2009

Betty Jeanne Fast, age 60, of Early, Iowa, died Wednesday, June 17, 2009 at Buena Vista Regional Medical Center in Storm Lake, Iowa. Betty Jeanne Fowler was born July 30, 1948 in Fort Worth, Texas, the daughter of A.W. and Mary (Eakin) Fowler. Betty received her education at El Paso High School where she graduated in 1966. After graduation, she attended college at the University of Texas at El Paso. While in high school and college, Betty participated in band. On April 23, 1970, Betty was united in marriage to Dennis Fast in El Paso, Texas. This couple was blessed with two children, Troy and Tracy. Betty enjoyed music, especially playing the piano. She was a member of the First Baptist Church where she sang in the church choir. Betty worked as a cook at Buena Vista Manor for 15 years. She will be remembered as a loving wife, devoted mother, and a caring sister, aunt and friend. Those left to cherish her memory are her husband, Dennis of Early; her children, Troy and Tracy Fast of Lakeside, Iowa; her brother, Alf Fowler of Storm Lake; her sisters, Mary June (Jeff) Speichinger of Zambia, Africa and Joanne (Steve) Luetkeman of Storm Lake; her niece and nephews, Jennelle, Jason and Joey; extended family and many friends. Betty is preceded in death by her parents; her brother, Teddy Fowler and one nephew, Justin Speichinger.